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Dear friends, dear karatekas from all around the world, As the President of the Organizing Committee, I would like to extend a warm welcome to our upcoming events, long awaited and planned.

The Italian and Sicilian city of Catania will host the European Open Cup 2023 for children and the XII WKC Championship for Cadets, Juniors, Seniors and Masters from 13th to 15th October this year.

Throughout the history of karate competitions, Italy has often hosted prestigious events, but for the first time two competitions of the highest rank will be held on the beautiful Mediterranean island of Sicilia, in the city of Catania. I am sure that the choice of this location will bring even more participants who will enjoy the beauty of the city and the island in addition to the high-quality competition.

I also believe that the spectacular sports hall meets the highest standards for hosting competitions. The arena has the capacity of 5000 spectators seats and it hosted some world sport events as well as concerts and other events in the past.

We hope you will support our activities and take part in the tournaments in October. You can count on our full co-operation and hospitality!

We wish you a lot of success in the upcoming competitions!



Massimo Di Luigi  
President of the Federazione Italiana Arti Marziali (FIAM)  
and WKC Vice President



**“To have seen Italy without having seen Sicily is not to have seen Italy at all, for Sicily is the clue to everything.”  
– Goethe.**



Mt Etna and Catania

Sicily is the largest island in the Mediterranean. The long summer months, rich culture, beautiful beaches and amazing Sicilian food make it an idyllic holiday destination.

Sicily is a place of stunning natural beauty that has been home to one civilization after the other. From its fertile soil and lush vegetation, to its fantastic architecture and rich history – Sicily truly does have it all!



### ORGANIZING COMMITTEE

FIAM (Federazione Italiana Arti Marziali)  
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Sicily is the largest and most populous island in the Mediterranean Sea and one of the 20 regions of Italy. The Strait of Messina divides it from the region of Calabria in Southern Italy. It is one of the five Italian autonomous regions and is officially referred to as Regione Siciliana. The region has 5 million inhabitants. Its capital city is Palermo. Sicily is in the central Mediterranean Sea, south of the Italian Peninsula in continental Europe, from which it is separated by the narrow Strait of Messina. Its most prominent landmark is Mount Etna, the tallest active volcano in Europe and one of the most active in the world, currently 3,357 m (11,014 ft) high. It is the highest mountain in Italy south of the Alps. Mount Etna is widely regarded as a cultural symbol and icon of Sicily.

The island has a typical Mediterranean climate. October is a lovely time of year to visit Sicily. The weather is a little fresher than during the hotter summer months yet there's still plenty of warm sunshine, and the sea is at a pleasant temperature. Temperatures can reach up to 22°C during the warmest part of the day, dropping down to 16°C after sunset.

Sicily has a rich and unique culture, especially with regard to the arts, music, literature, cuisine, and architecture.

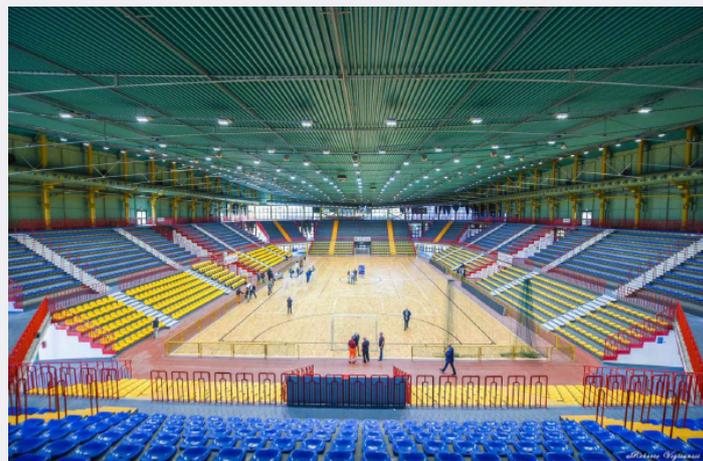


Catania is a beautiful, baroque city and an ancient port on Sicily's east coast. It sits at the foot of Mt. Etna, an active volcano with trails leading up to the summit. It is Sicily's second-largest city, with a population of around 300,000. The powerful Mount Etna stands tall over the city and dominates the skyline. It's a UNESCO World Heritage Site with a history that dates back to the 8th century BC.

The city's wide central square, Piazza del Duomo, features the whimsical Fontana dell'Elefante statue and richly decorated Catania Cathedral. In the southwest corner of the square, La Pescheria weekday fish market is a rowdy spectacle surrounded by seafood restaurants.



Palacatania  
Address: Corso Indipendenza, 95122 Catania CT, Italy



**PRELIMINARY TIME TABLE**

**European Open Cup for Children  
(open to all federations from around the world!)**

DATE	AGE
<b>Friday, 13th October</b> 15 – 20 hrs. <b>European Cup for Children</b>	Up to 7 yrs. (M – F)
Kata ( individual and teams) and Kumite individual <b>White belts (only kata)</b> <b>Yellow/orange/green belts (kata and kumite)</b> <b>Blue/brown/black belts (kata and kumite)</b>	8 – 9 – 10 yrs. (M – F)
<b>Saturday, 14th October:</b> 9 – 13 hrs. <b>European Cup for Children</b>	11 – 12 – 13 yrs. (M – F)

**XII WKCEUROPEAN KARATE CHAMPIONSHIPS**

DATE	AGE
<b>Saturday, 14<sup>th</sup> October:</b> 15 – 20 hrs.  Kata (individual and teams) and Kumite teams	14 – 15 yrs. (Cadets A) M - F
	16 – 17 yrs. (Cadets B ) M - F
	18 – 20 yrs. (Juniors/ Under 21 ) M - F
	21 – 40 yrs. (Seniors ) M – F
	41 – 50 yrs. (Masters ) M – F
	51 – 60 yrs. (Silver) M – F
	Over 61 yrs. (Golden) M – F
<b>Sunday, 15th October:</b> 9 – 16 hrs.  Kumite individual	14 – 15 yrs. (Cadets A) M - F
	16 – 17 yrs. (Cadets B ) M – F
	18 – 20 yrs. (Juniors/ Under 21 ) M – F
	21 – 40 yrs. (Seniors ) M – F
	41 – 50 yrs. (Masters ) M – F
	51 – 60 yrs. (Silver) M – F



## RULES –OPEN EUROPEAN CUP FOR CHILDREN

KATA INDIVIDUAL MALE BY STYLE (GOJU-SHITO -WADO-SHOTOKAN)  
 KATA INDIVIDUAL FEMALE BY STYLE (GOJU-SHITO -WADO-SHOTOKAN)  
 KATA TEAMS (MALE, FEMALE OR MIXED) – INTERSTYLE

### KATA INDIVIDUAL

CATEGORIES	AGE
male/female	5+ 6+ 7
male/female	8+ 9
male/female	10+ 11
male/female	12+ 13
<b>AGE MUST BE EFFECTIVE ON COMPETITION DAY</b>	

STYLES	KATA LISTS
wado - shito -goju- shotokan	white belts: Pinan/Heian 1 or equivalent for Goju Ryu
wado - shito -goju- shotokan	yellow/orange belts: Pinan/Heian 1,2,3 or equivalent for Goju Ryu
wado - shito -goju- shotokan	green/blue belts: Pinan/Heian 1,2,3,4,5 or equivalent for Goju Ryu
wado - shito -goju- shotokan	brown/black belts: Tokui Kata chosen from the list of his own style

RULES		JUDGMENT
white belts	must repeat the same kata on each round	FLAGS, AKA AND SHIRO PERFORM CONTEMPORARILY
yellow/orange belts	can repeat the same kata on each round	FLAGS, AKA AND SHIRO PERFORM CONTEMPORARILY
green/blue belts	can't repeat the same kata on 2 consecutive rounds	FLAGS, AKA AND SHIRO PERFORM CONTEMPORARILY
brown/black belts	TOKUI KATA ( WKC KATA Listing ) <b>eliminatories:</b> Competitors can't repeat the same kata <b>final:</b> Competitors can repeat a kata performed during eliminatories	SCORES SYSTEM

### KATA TEAM

CATEGORIES	AGE
male / female / mixed	5+ 6+ 7
male / female / mixed	8 + 9 + 10
male / female / mixed	11 + 12 + 13
<b>AGE MUST BE EFFECTIVE ON COMPETITION DAY</b>	

STYLES	KATA LISTS
interstyle	white/yellow/orange/green belts (W/Y/O/G): all Pinan/Heian or equivalent for Goju Ryu
interstyle	blue/brown/black belts (B/B/B): TOKUI KATA ( WKC KATA Listing )

RULES		JUDGMENT
W/Y/O/G belts	<b>eliminatories:</b> Competitors can't repeat the same kata	SCORE SYSTEM
B/B/B belts	<b>final:</b> Competitors can repeat a kata performed during eliminatories	SCORE SYSTEM

## KUMITE

CATEGORIES	AGE	WEIGHT	TIME	SCORE
male	8+ 9	-34 -39 +39	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)
female	8+ 9	-32 -37 +37	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)
male	10+ 11	-40 -45 +45	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)
female	10+ 11	-35 -40 +40	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)
male	12+ 13	-50 -57 +57	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)
female	12+ 13	-45 -52 +52	1'30" - NO ENCHOSEN	WKC RULES SHOBU SANBON (6 WAZA ARI / 3 IPPON)

**COMPETITORS MUST BE OF THE EXACT WEIGHT (TOLERANCE = 1KG ) ON THE REGISTRATION DAY**  
**COMPETITORS MUST BE OF THE EXACT AGE ON THE DAY OF COMPETITION**  
**IN CASE A CHANGE IS REQUIRED DUE TO WRONG WEIGHT/AGE A FEE OF 20€ IS REQUIRED TO CHANGE THE CATEGORY**  
**In the event of a tied score at the end of regular time the Referee Panel will decide the bout by HANTEI.**

EQUIPMENT	
THE FOLLOWING PROTECTIVE EQUIPMENT IS COMPULSORY	
<b>AKA must wear a red belt, SHIRO must wear a white or blue belt</b>	
MITTS	full white or full red for AKA; full white or full blue for SHIRO. NO COLOR COMBINATION IS ALLOWED
SHIN PADS	full white or full red for AKA; full white or full blue for SHIRO. NO COLOR COMBINATION IS ALLOWED
FOOT PROTECTION	full white or full red for AKA; full white or full blue for SHIRO. NO COLOR COMBINATION IS ALLOWED
CHEST PROTECTOR	mandatory in female Kumite
BODY PROTECTOR	allowed
GROIN PROTECTION	mandatory in male Kumite
MOUTH GUM SHIELD	mandatory
THE FOLLOWING PROTECTIVE EQUIPMENT ARE ALLOWED	
HELMET WITH TRANSPARENT FACE PROTECTION	allowed
FACE MASK AND MOUTH GUM SHIELD	allowed

## RULES - XII WKC EUROPEAN CHAMPIONSHIPS FOR CADETS, JUNIORS, SENIORS AND MASTERS

Please, check the following links for categories and rules:

[RULES FOR CADETS](#)

[RULES FOR JUNIORS](#)

[RULES FOR SENIORS AND MASTERS](#)



**ADVICE: EXISTING MARKINGS MAY NOT BE TAPED TO CONFIRM TO REQUIREMENTS**

## SKA SCOTTISH OPEN 2023

The Scottish Karate Alliance successfully organized Scottish Open Championships in Largs in the Inverclyde National Sports Training Centre on Saturday, 1st of July 2023.



## 2nd WKC Balkan Championships for Cadets, Juniors and Seniors and Balkan Cup for Children

was successfully held in the picturesque town Probištip in the Republic North Macedonia on 10th June 2023. Around 400 competitors from 4 countries took part in it.

We are very grateful to the local Organizing Committee of the Wado Karate Do Union of Macedonia and President, Mr. Stojan Stojkovik, as well to Mr. Dragan Anastasov, the Mayor of Probištip for their support and everything they did to make this event such a great experience.



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