## **SENIORS KATA:**

All Kata's performed must be from the official WKC Kata list:

(Rules of Karate CompetitionPartD, Article 9, Appendix IV).

### **Unlimited Entry for all Categories**

### **SENIORS**

21 - 40 years

All competitors must be a minimum age of 18 years old on the day of competition.

### **Masters**

41 - 50 years

All competitors must be a minimum age of 41 years old on the day of competition.

### **VETERANS**

**VET A** 51-60 years / **VET B** 61 years + All competitors must be a minimum age of 51 years / 61 years old

### Kata (Individual & Team) Male & Female

Belt / Grade Kata

AllGrades 1stRound: Only Round 1 Shitei

2<sup>nd</sup>Round: Only Round 2

Sentei Final: Only Round 3Tokui

Competitors can not repeat a kata.

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# Kata Team Male & Female by Style and by Federation

Categories in individual Styles with less than 3 competitors in the same age group may be merged together into a "Mixed-Style Category".

(Information regarding this will be sent by Email after the registration deadline).

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## **SENIORS**

**KUMITE:** 

#### **Unlimited Entry for all Categories**

### Kumite Individual Male & Female

**Shobu Sanbon** (Fighting time: 3 minutes)

Weight categories:

Senior Male: -68; -78; 78+ kg Senior Female: -55; -60; 60+ kg

(Fighting time: 2 minutes)

Masters Male 41 – 50 Years Open Weight Masters Female 41 – 50 Years Open Weight Veteran A Male 51 – 60 Years Open Weight Veteran A Female 51 –60 Years Open Weight Veteran B Male 61 Years + Open Weight Veterans B Female 61 Years + Open Weight **Shobu Ippon** (Fighting time: 2 minutes)

Male: Open weight Female: Open weight

(Fightingtime:2minutes)

Masters Male 41 – 50 Years Open Weight Masters Female 41 – 50 Years Open Weight Veteran A Male 51 – 60 Years Open Weight Veteran A Female 51 –60 Years Open Weight Veteran B Male 61 Years + Open Weight Veterans B Female 61 Years + Open Weight

Categories in the same age group with less than 4 registered competitors may be merged together.

(Information regarding this will be sent by Email after the registration deadline).

### **SENIOR**

**KumiteTeam** 

21 Years +

Male /Female

Shobu Sanbon + Shobu Ippon

(3competitors + 1reserve)

# SENIOR Mixed Kumite Team 21 Years +

3 Competitors and x 2 Reserves

Team will consist of 2 Male and 1 Female Reserves will be 1 male and 1 female.

Shobu Sanbon.